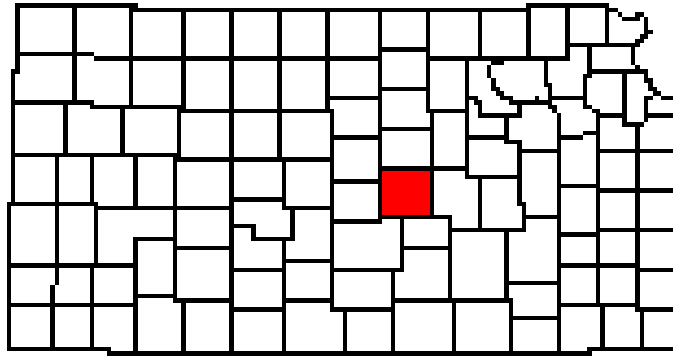


# MCPHERSON



## Books:

No libraries in your county have Arthritis Foundation books. Please see surrounding counties.

## Rheumatologists:

There are no rheumatologists located in your county. Please see surrounding counties.

## Programs:

### **Arthritis Foundation Aquatic Program**

The warm water exercise program offers improved joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

#### **McPherson YMCA**

220 N. Walnut

McPherson, KS 67460

<http://www.mcphersonfamilyymca.com/>

CONTACT:

620-241-0363

#### **Memorial Home Wellness Center**

86 - 22nd Ave.

Moundridge, KS 67107

<http://www.memorialhome.org/>

CONTACT:

620-345-2901

### **Arthritis Foundation Exercise Program**

This program is a gentle land-based exercise class for increasing or maintaining joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Updated: August 26, 2005

Memorial Home Wellness Center  
86 - 22nd Ave.  
Moundridge, KS 67107  
<http://www.memorialhome.org/>

CONTACT:  
620-345-2901

### **Support Groups:**

There are no support groups located in your county. Please see surrounding counties.